

Loss Control Services – 5 Minute Safety Topic

UNIVERSAL PRECAUTIONS: THEY'RE YOUR BEST PROTECTION!**#1 >>> Treat all human blood and body fluids as if they are infected.****DO:**

- ✓ **Cover** cuts, rashes, and broken skin.
- ✓ **Wash** hands and exposed skin with soap and water or a disinfectant hand wipe immediately after exposure to infectious fluids.
- ✓ **Use** a disinfectant solution to clean and decontaminate any area where fluids have spilled.
- ✓ **Avoid** splashes and spills of body fluids.
- ✓ **Handle** needles or other “sharps” carefully and dispose of them properly.
- ✓ **Use** a pocket mask or other protective device if performing CPR.

DO NOT:

- ✗ **Break** or shear contaminated needles or other sharps.
- ✗ **Reuse** needles or other sharps.
- ✗ **Keep** food or drink in areas with exposure potential.
- ✗ **Eat, drink, smoke**, or apply cosmetics or lip balm, or handle contact lenses where there are body fluids present.
- ✗ **Suction** potentially infectious materials with your mouth.

RECOGNIZE THE BIOHAZARD LABEL: Heed its warning!